

Claims:

1 1. A method for improved absorption and beneficial effects of
2 Corosolic acid for maintenance of blood sugar levels and
3 weight-loss with administration of approximately 48 mg/day of
4 Corosolic acid in a soft gel form.

1 2. The method as defined in claim 1 wherein said soft gel form
2 includes:
3 rice bran oil.

1 3. The method as defined in claim 2 wherein said soft gel form
2 includes:
3 silica.

1 4. A soft gel capsule for absorption of Corosolic acid into an
2 intestinal tract and maintenance of blood sugar levels and
3 weight-loss including:
4 Corosolic acid.

1 5. The soft gel capsule as defined in claim 4 wherein said
2 Corosolic acid is 1% Corosolic acid.

1 6. The soft gel capsule as defined in claim 4 wherein said
2 Corosolic acid is 1% Corosolic acid alcohol extracted from
3 *Lagerstroemia Speciosa* L.

1 7. The soft gel capsule as defined in claim 4 further
2 including:
3 rice bran oil.

1 8. The soft gel capsule as defined in claim 4 further
2 including:
3 rice bran oil; and
4 silica.

1 9. The soft gel capsule as defined in claim 4 further
2 including:
3 yellow bee's wax.

1 10. The soft gel capsule as defined in claim 4 further
2 including:
3 yellow bee's wax; and
4 silica.

1 11. The soft gel capsule as defined in claim 4 further
2 including:
3 rice bran oil.

1 12. The soft gel capsule as defined in claim 4 wherein said
2 Corosolic acid is present in the range of 8 to 100 mg.

1 13. The soft gel capsule as defined in claim 12 further
2 including:
3 50 to 500 mg Rice bran oil.

1 14. The soft gel capsule as defined in claim 12 further
2 including:
3 0.5 to 500 mg of silica.

1 15. The soft gel capsule as defined in claim 12 wherein said
2 Corosolic acid is 1% Corosolic acid aqueous alcohol extracted from
3 *Lagerstroemia Speciosa* L.

1 16. The soft gel capsule as defined in claim 4 wherein said
2 Corosolic acid is 1% Corosolic acid aqueous alcohol extracted from
3 *Lagerstroemia Speciosa* L.

1 17. The soft gel capsule as defined in claim 4 further
2 including:
3 extract of *Gymnema sylvestre*.

1 18. A method for manufacture of a soft gel capsule for
2 absorption of Corosolic acid into a human intestinal tract and
3 maintenance of blood sugar levels and weight-loss including:
4 heating rice bran oil to about 35 °C in a container;
5 adding a filler such as yellow bee's wax or silica;
6 adding under vacuum 1% Corosolic acid;
7 continuously stirring of all the ingredients;
8 cooling the mixture to room temperature;
9 nitrogen gas blanketing of the container; and
10 encapsulating the above mixture in a soft gel capsule.